

1/3**Total Daily Nutrient Dosages Per Two Packets****Five white capsules contain:****Vitamins**

Vitamin A (Beta Carotene)	10,000 IU	Niacinamide	30 mg
Vitamin A (Palmitate)	4,000 IU	Calcium Pantothenate	30 mg
Vit C (Calcium Ascorbates)	900 mg	Choline (Citrate)	60 mg
Bioflavinoid Complex	150 mg	Inositol	30 mg
Vitamin E (d-alpha Tocopheryl)	400 IU	Folic Acid (Folacin)	400 mcg
Vitamin B-1 (Thiamine HCl)	30 mg	Biotin	25 mcg
Vitamin B-2 (Riboflavin)	30 mg	Vitamin D3 (Cholicalciferol)	200 IU
Vitamin B-6 (Pyroxidine HCL)	130 mg	Vitamin B12 (Methylcobalamin)	1.25 mg

Minerals

Calcium (Citrate/Ascorbate)	400 mg	Zinc (Picolinate)	15 mg
Magnesium (Citrate)	200 mg	Selenium (Picolinate)	100 mcg
Iron (Picolinate)	9 mg	Chromium (Picolinate)	50 mcg
Iodine (K iodide)	75 mcg	Molybdenum (Picolinate)	150 mcg
Copper (Picolinate)	1 mg	Boron (Picolinate)	1 mg
Manganese (Picolinate)	5 mg	Betaine HCL	75 mg
Potassium (Citrate)	50 mg	Glutamic Acid HCL	50 mg

Three colored capsules contain:

Alpha Lipoic Acid	200 mg
Acetyl L-Carnitine	500 mg
N-Acetyl Cysteine	600 mg

Figure 1

2/3**Total Daily Nutrient Dosages Per Two Packets****Five white capsules contain:****Vitamins**

Vitamin A (Beta Carotene)	20,000 IU	Niacinamide	60 mg
Vitamin A (Palmitate)	8,000 IU	Calcium Pantothenate	60 mg
Vit C (Calcium Ascorbates)	1,800 mg	Choline (Citrate)	60 mg
Bioflavinoid Complex	300 mg	Inositol	60 mg
Vitamin E (d-alpha Tocopheryl)	800 IU	Folic Acid (Folacin)	800 mcg
Vitamin B-1 (Thiamine HCl)	60 mg	Biotin	50 mcg
Vitamin B-2 (Riboflavin)	60 mg	Vitamin D3 (Cholicalciferol)	400 IU
Vitamin B-6 (Pyroxidine HCL)	260 mg	Vitamin B12 (Methylcobalamin)	2.5 mg

Minerals

Calcium (Citrate/Ascorbate)	800 mg	Zinc (Picolinate)	30 mg
Magnesium (Citrate)	400 mg	Selenium (Picolinate)	200 mcg
Iron (Picolinate)	18 mg	Chromium (Picolinate)	100 mcg
Iodine (K iodide)	150 mcg	Molybdenum (Picolinate)	300 mcg
Copper (Picolinate)	2 mg	Boron (Picolinate)	2 mg
Manganese (Picolinate)	10 mg	Betaine HCL	150 mg
Potassium (Citrate)	99 mg	Glutamic Acid HCL	100 mg

Three colored capsules contain:

Alpha Lipoic Acid	400 mg
Acetyl L-Carnitine	1000 mg
N-Acetyl Cysteine	1200 mg

Figure 2

3/3

	Dosage/70 KG	UNITS	Dosage/Kg	UNITS
Beta Carotene	20,000	international units	285.71	international units
Vitamin A	8,000	international units	114.29	international units
Vitamin C	600	milligrams	8.57	milligrams
Vitamin D	400	international units	5.71	international units
Vitamin E	800	international units	11.43	international units
Vitamin B1	60	milligrams	0.86	milligrams
Vitamin B2	60	milligrams	0.86	milligrams
Vitamin B6	260	milligrams	3.71	milligrams
Niacinamide	60	milligrams	0.86	milligrams
Folic acid	800	micrograms	11.43	micrograms
Vitamin B12	2.5	milligrams	0.04	milligrams
Biotin	50	micrograms	0.71	micrograms
Inositol	60	milligrams	0.86	milligrams
Pantothenic acid	60	milligrams	0.86	milligrams
Potassium	99	milligrams	1.41	milligrams
Calcium	800	milligrams	11.43	milligrams
Iron	18	milligrams	0.26	milligrams
Iodine	150	micrograms	2.14	micrograms
Magnesium	400	milligrams	5.71	milligrams
Zinc	30	milligrams	0.43	milligrams
Selenium	200	micrograms	2.86	micrograms
Copper	2	milligrams	0.03	milligrams
Manganese	10	milligrams	0.14	milligrams
Chromium	100	micrograms	1.43	micrograms
Molybdenum	300	micrograms	4.29	micrograms
Choline	60	milligrams	0.86	milligrams
Glutamic acid	100	milligrams	1.43	milligrams
Boron	2	milligrams	0.03	milligrams
Betaine HCL	150	milligrams	2.14	milligrams
Bioflavinoid complex	300	milligrams	4.29	milligrams
Alpha lipoic Acid	400	milligrams	5.71	milligrams
Acetyl L-carnitine	1000	milligrams	14.29	milligrams
N-acetyl cysteine	1200	milligrams	17.14	milligrams

*Effective concentrations of this formula can range from 25% to 200% of the per kilogram dosages listed to achieve the desired treatment effect.

Figure 3